WAKE UP

INT. BEDROOM

QUOKKA **ENERGY**

SHOT 1



- CLOSE-UP OF ALARM CLOCKS ON BEDSIDE TABLES
 SYD'S ROOM IS NEAT WITH 1 CAN OF QUOKKA ON THE **BEDSIDE TABLE**
- NANCY'S ROOM IS IN DISARRAY WITH CRUMPLED TISSUES AND CRUSHED CANS OF THE GRAY ENERGY DRINK SCATTERED AROUND HER BEDSIDE TABLE

SHOT 3

SHOT 2



CRASH ZOOM FROM MEDIUM TO CLOSE-UP

- SYD SHOOTS UP ENERGETICALLY
 NANCY DRAGS HERSELF UP, LOOKING EXHAUSTED



BACK TO MEDIUM SHOT

- SYD LEAPS OUT OF BED
- NANCY FALLS DOWN BACK INTO BED

WORKOUT

INT. GYM

QUOKKA ENERGY

SHOT 1



MEDIUM SHOT, STRAIGHT ON FROM BEHIND THE COUNTER
• SYD TAKES A STRONG SIP FROM HER QUOKKA ENERGY **BEFORE SCANNING IN**

NANCY FUMBLES THROUGH HER PURSE, DROPS HER ENERGY DRINK, AND BENDS OVER TO PICK IT UP

SHOT 2



- MEDIUM SHOT, HEAD ON

 SYD SPRINTING ON TREADMILL

 NANCY WHEEZING AND STRUGGLING TO KEEP PACE ON **TREADMILL**

SHOT 3



MEDIUM SHOT, HEAD ON FOR SYD, FROM SIDE FOR NANCY
• SYD CRUSHES INCLINE BENCH PRESSES

- NANCY STRUGGLES WITH AB EXCERISES BEFORE FALLING ASLEEP, SHE'S THEN RUDELY AWAKENED BY A PAIR OF PASSING FEET

INT. CAFE



SHOT 1



- MEDIUM SHOT- STRAIGHT ON FOR BOTH ACTRESSES, IDENTICAL FRAMING
 SYD TYPES AT LIGHT-SPEED WHILE HER EYES DART THROUGH A TEXT BOOK, SHE INTERMITTENTLY SIPS **USING HER LAPTOP HAND**
- NANCY LOOKS CONFUSED AND SCARED AS SHE FLIPS THROUGH LOOSE PAPERS AND HER EYES DARTING **AROUND HER MESSY WORKPLACE**

PREGAME

INT. APARTMENT



SHOT 1



MEDIUM SHOT HEAD-ON, SAME COUNTER FOR BOTH ACTRESSES

SYD IS DEEP IN CONVERSATION, HOLDING A CAN OF QUOKKA ENERGY

NANCY LIMPLY HOLDS HER GENERIC ENERGY DRINK, STARING INTO SPACE

SHOT 2



MEDIUM SHOT HEAD-ON,
SYD TURNS TO SEE NANCY BESIDE HER, SHE OPENS A FRESH QUOKKA ENERGY AND HANDS IT TO HER.
THE SPLIT SCREEN DISSOLVES AS THE CAN GETS CLOSER TO NANCY. NANCY'S GREY WORLD BECOMES AS VIBRANT AS SYD'S

NANCY TAKES A SIP AND EXCLAIMS "OH WOW."